

Newsletter 23rd October 2025 Class 3

This week the children have continued to work hard and try their best in all aspects of the school day. This has been very hard at times as they have started to show signs of readiness for a break from school. Even so they have worked alongside the adults who continue to support them when they are dysregulated.

The children worked on the zones of regulation and have been talking about how someone would feel if they were in the 'yellow zone'. The children completed several activities. One where they needed to sort a selection of pictures of children showing different facial emotions and another where they created a yellow picture for our zones of regulation board.

The children have really enjoyed taking part in several sensory story massage activities. Some children have really loved having the massage done to them, where others have preferred to give a massage. It has had a lovely calming effect on everyone nevertheless.



Hope you all have a great half term week and we look forward to seeing you all on Monday 3rd November 2025

