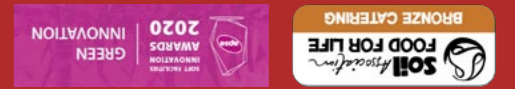


OUR MENUS

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
 - 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
 - 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
 - 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
 - 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Download your copy at www.telford.gov.uk/schoolmeals



School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

FREE SCHOOL MEALS

DID YOU KNOW?

MENU CALENDAR



Summer Term 2025			Autumn Term 2025		
5 MAY	WK 2	12 MAY	1 SEPT	WK 1	8 SEPT
12 MAY	WK 3	15 SEPT	WK 3	22 SEPT	WK 3
19 MAY	WK 1	26 SEPT	WK 1	29 SEPT	WK 1
26 MAY - HALF TERM			16 FEB - HALF TERM		
2 JUN	WK 3	6 OCT	WK 3	13 OCT	WK 1
9 JUN	WK 1	20 OCT	WK 2	27 OCT - HALF TERM	WK 2
16 JUN	WK 2	23 JUN	WK 3	3 NOV	WK 1
30 JUN	WK 1	7 JUL	WK 2	10 NOV	WK 2
14 JUL	WK 3	17 NOV	WK 3	24 NOV	WK 1
1 DEC			15 DEC		
8 DEC	WK 3	1 DEC	WK 2	8 DEC	WK 3
15 DEC	WK 1	15 DEC	WK 1	23 MAR	WK 3
16 MAR			9 MAR		
23 MAR	WK 2	2 MAR	WK 3	2 MAR	WK 3
30 MAR	WK 1	9 MAR	WK 1	23 FEB	WK 2
6 APR	WK 3	16 FEB	WK 3	16 FEB	WK 2
13 APR	WK 1	23 FEB	WK 2	9 FEB	WK 3
20 APR	WK 2	2 FEB	WK 1	2 FEB	WK 2
27 APR	WK 3	26 JAN	WK 3	19 JAN	WK 3
4 MAY	WK 1	12 JAN	WK 2	12 JAN	WK 2
11 MAY	WK 2	5 JAN	WK 1	5 JAN	WK 1
18 MAY	WK 3	Spring Term 2026			

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

HAUGHTON SCHOOL MENU



April 2025 TO March 2026

V Vegetarian
Ve Vegan
H Halal

WEEK 1

WEEK 2

WEEK 3

Monday

Pork Sausages *Farm Assured Pork Sausages with a Rich and Tasty Gravy*

Vegetarian Sausage V

Creamed Potato and a Mini Yorkshire Pudding

Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Golden Shortbread

Wednesday

Traditional Roast Chicken *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Cheese and Potato Bake V

Roast Potatoes, Creamed Potato, Broccoli, Sweetcorn, Seasonal Salad Selection, Bread

Rice Crispy Cake

Tuesday

Cheese and Tomato Pizza

Vegetarian Curry V

Boiled Rice, Potato Wedges, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Muffin Selection

Thursday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Cheesey Cream Sauce* V

Pasta Twists, Creamed Potato, Carrots, Baked Beans, Seasonal Salad Selection, Bread

Chocolate Brownie

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs*

Quorn Dunkers V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Monday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Tuesday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Quorn Neapolitan *Quorn with a Chef's Neapolitan Sauce* V

Boiled Rice, Pasta Twists, Sweetcorn, Garden Peas, Seasonal Salad Selection, Naan Bread

Chocolate Sponge and Sauce

Wednesday

Traditional Roast Beef *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Oven Roasted Seasonal Vegetables and Mixed Beans *served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Seasonal Salad Selection, Bread

Flapjack

Thursday

Hot Dog *Farm Assured Pork Sausage served in a Soft White Bread Roll*

Cheese and Tomato Pizza V

Diced Potatoes, Sweetcorn, Beans, Seasonal Salad Selection, Bread

Iced Sponge Finger with Sprinkles

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs or Fishcake*

Quorn Nuggets V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Selection of Cookies and Biscuits

Monday

Beef Burger *Farm Assured Minced Beef Burger*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Cheesey Cream Sauce* V

Potato Wedges, Pasta, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Thursday

Chicken Dunkers *Farm Assured Chicken*

Cheese and Tomato Pizza V

Herby Diced Potatoes, Green Beans, Peas, Seasonal Salad Selection, Bread

Cornflake Cake

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs*

Quorn Nuggets V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Wednesday

Traditional Roast Turkey *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetarian Wedge Bake V

Roast Potatoes, Creamed Potato, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Fruit Cookie Selection



Meeting individual needs

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

