

# ZONES Feelings & Emotions

Blue



Sick



Sad



Tired



Bored

REST  
AREA

Green



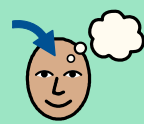
happy



calm



feeling ok



ready to learn

GO

Yellow



worried



frustrated



silly



excited

SLOW

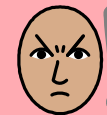
Red



angry



scared



cross



mean

STOP