

# What Parents & Carers Need to Know about THE OFCOM CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES REPORT 2022

## ONLINE LIFE

99%

of children went online in 2021

### Who owns a mobile phone?

24%

of 3 to 7-year-olds

60%

of 8 to 11-year-olds

98%

of 12 to 17-year-olds

## ONLINE BULLYING

4 in 10 children were bullied. How many of them were bullied online?

74% of 8-11s

92% of 12-15s

84% of 16-17s

## FAKE NEWS

### NEWS

Save the Tree Octopus!

72% of teens said they could tell real from fake – but in tests, **only 11%** chose reliable identifiers that a post was genuine.



## PARENTAL CONCERNS

4 in 10

parents were concerned about their child's screen time



18

CENSORED

7 in 10

were concerned about age-inappropriate content



6 in 10

were concerned about content promoting self-harm

5 in 10

were concerned about extremist content online

## GAMING AMONG CHILDREN



18% of 3-4s



38% of 5-7s



69% of 8-11s



76% of 12-15s



73% of 16-17s

## ONLINE SAFETY

42%

AGE RATING 13+

of parents knew the minimum age requirement for using social media



90%

of parents had high awareness of parental tools and controls, but only 70% use them

89%

of children got online safety guidance from parents



69%

of children got online safety guidance from teachers

## POPULAR PLATFORMS

What percentage of children used ...



YouTube: 89%



Facebook: 40%



WhatsApp: 53%



FaceTime: 32%



TikTok: 50%



iMessage: 15%



Snapchat: 42%



Zoom: 14%



Instagram: 41%

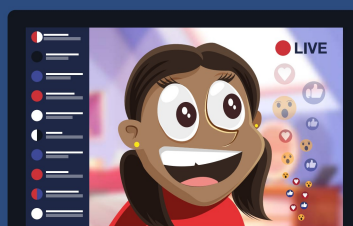


Twitter: 13%

**NOS** National Online Safety®  
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Sources: [https://www.ofcom.gov.uk/\\_data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.gov.uk/_data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)

## SOCIAL MEDIA AND LIVE STREAMING



Age groups	Children who use live streaming apps	Children who use social media
3 to 4-year-olds	32%	21%
5 to 7-year-olds	39%	33%
8 to 11-year-olds	54%	64%
12 to 15-year-olds	73%	91%
16 to 17-year-olds	79%	97%



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