## Class 14 23.10.25

## Zones of Regulation

This week we have been looking at the Zones of regulation and reminding ourself of the emotions we feel in the different zones. The children designed their own toolkits for each zone, thinking about what would help them when they are experiencing different emotions. We also spent some time in Outdoor School using natural resources to create faces showing different emotions.













## Topic

We had a fantastic time at our Shared Learning this week! The children made pasta skeletons, took part in a digestive system experiment, explored the body using the VR headsets and looked at optical illusions.











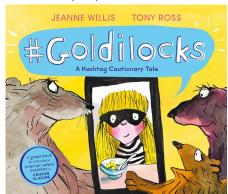




Story Time

We have been thinking about online safety this week during Story

Time. We have read the story "#Goldilocks" and talked about the importance of thinking about what information we share with people online.



Don't forget!

Monday 3rd November: Children return to school and School photographs

Tuesday 4th: Class 14 Attingham Park trip