



IMPORTANT REMINDER—NUT ALLERGY

We have a child in school with a nut allergy.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger an allergic reaction which can cause breathing and swallowing difficulties. In severe cases, it can be life threatening.

We cannot have nuts in school in any form so please do not put any nut products in your child's lunch box.

The photo below shows examples of products that MUST NOT be included in children's packed lunches.

There are many products which present a risk, so please check the packaging of items. We know that a lot of products such as cakes say 'may contain traces of nuts' and generally these will be fine.

We appreciate that this is an additional thing to check but we are sure you will understand and recognise the importance of it. If you have any queries, please get in touch.

Thank you for helping to keep our school safe.

